

Aurora

The Dawn of a New Era

BAPIO Annual Virtual Conference 2020

BINA Grand Inauguration



Conference Brochure

Organised by BAPIO East Midlands


Email: bapioeastmidlands@gmail.com

Telephone: 01234363272

Website: www.bapio.uk



COVID - 19 : STAY ALERT * CONTROL THE VIRUS * SAVE LIVES



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BAPIO Annual Conference 2020



Dear all,

Welcome to BAPIO Annual Conference 2020, AURORA – The Dawn of a New Era. East Midlands BAPIO is delighted to organise this year's National BAPIO conference. In view of the pandemic the conference is organised through virtual platform, it is the first BAPIO virtual national conference since the inception 24 years ago.

The team have worked tirelessly for the last 10 months to bring this fantastic three days event. A huge thank you to the national admin team and our colleagues locally in East Midlands.

We feel proud to have a very diverse set of speakers in the conference reflecting the true NHS spirit. It is worthy to note that this year's conference was focused on valuing the contribution of our female colleagues and we are truly impressed with the expertise and talents available. Almost 41% of the conference speakers are females.

This pandemic has brought the workforce close together while we feel sorry for our colleagues who passed away during the call of their duties. Our prayers with their families in these difficult times. We promise to continue to fight our cause to bring equality, diversity, safer working conditions and easy and fair access for training and employment for all health care workers.

BAPIO has expanded to launch BINA this year along with its existing organisations like BIHR, BTA and MDS. It is our honour to be part of the historic moment of launching the BINA. We hope you enjoy the vibrant and motivating speakers, visit the poster gallery, listen to latest evidence-based medicine and enjoy the variety of entertainment.

We may take this opportunity to thank our facilitators, they are heart and soul of the conference. We may extend our gratitude to our executive and National Executive team. We may express our gratitude to Praveen Sankaran, without him the event would not have been possible. I thank Ms Aisha Riyaz and Mr Samarth Garg for their help. We thank you for supporting us by attending this conference.

As conference team, we are keen to deliver the message of hope. Considering we are in the darkness of pandemic, looking forward to the dawn (AURORA), the first ray of sunlight bringing the hope of a bright day ahead. This may be true for every aspect of our life; physical health, mental well-being, and social interaction.

We are all in this together.



Dr Biju Simon
Conference Chair



Prof Fahad Rizvi
Conference Vice Chair



Dr Vittal Jadhav
Conference Convener



BAPIO Annual Conference 2020



THE JOURNEY BEGINS AT

MANIPAL'S AMERICAN UNIVERSITY OF ANTIGUA
COLLEGE OF MEDICINE (AUA)



TO BECOME A DOCTOR

AUA a division of Manipal Education & Medical Group, located in Antigua and Barbuda, is an internationally recognized medical school and plays a pivotal role in solving the world's forecasting doctors shortage. AUA's accreditations, approvals & international recognitions, state-of-the-art academic facilities, pioneering curriculum recognized by GMC, highly qualified and experienced faculty prepare future doctors to practice worldwide.

AUA has launched an International Track, which allows A Level and BSc graduates to participate in either a 6.5, 5.5 or 4.5 year MD Program with Pre-Med/Pre-clinical Sciences in Antigua, before returning to the UK for clinical training with an AUA affiliated NHS Hospitals Trusts.

Recently launched scholarship from AUA has inspired much excitement within both UK schools and Universities.

TO LEARN MORE ABOUT AUA PLEASE CONTACT UK ADMISSIONS DIRECTOR:

DEE NARGA

DNARGA@AUAMED.ORG + 44 7738512117 WWW.AUAMED.ORG



AMERICAN UNIVERSITY of ANTIGUA

COLLEGE OF MEDICINE



memg

manipal education and medical group



BAPIO Annual Conference 2020



Dr Ramesh Mehta
BAPIO President



Dr JS Bamrah
Chairman
BAPIO



Prof Parag Singhal
Honorary Secretary

Dear Friends and Colleagues,

We are delighted to extend a very warm welcome to all the speakers and delegates who have joined us for the annual conference which this year has been a real challenge due to the pandemic.

However, our organising team at BAPIO East Midlands division led by Dr Biju Simon has aimed to create an excellent atmosphere through innovative use of the media.

This year is historic for one special reason. We will see the launch of the fourth arm of BAPIO, the British Indian Nurses Association, or BINA for short, which has been very much the effort of our Executive nursing team led by the chairman Mr Marimouttou Coumarassamy and secretary Mr Suresh Packham, with support from the Central Executive Committee and BAPIO East Midlands. Inauguration of BINA in presence of the Indian High Commissioner, Her Excellency Mrs Gaitri Issar Kumar, Chief Nursing Officer Ruth May and other dignitaries will be truly a momentous occasion. Conference delegates will also hear our eminent speakers and distinguished chairs on a variety of topics. There will be an exchange of multi-professional working and global experience of Covid-19 on Day I. Day II delegates will hear about the impact of Covid-19 on BAME community, challenges for NHS workers in the fight against the pandemic, and why gender equality matters. BAPIO's Training Academy (BTA) will showcase its training initiatives.

The research and innovation competition supervised by BAPIO's Institute of Health Research (BIHR) has had an excellent response with over 100 top quality abstracts received. We hope you will be able to look at as many posters as possible. Day III of the academic programme focuses on training issues across medicine, nursing and pharmacy as well as a research plenary organised by BIHR and a fitting finale in announcing the research prize award winners.

No BAPIO conference is complete without a gala and awards evening of course so this year we will be announcing the winners of our annual BAPIO awards amidst some enthralling entertainment by renowned classical and Bollywood singers as well as some wonderful classical dances, all virtually performed.

Finally, we are deeply indebted to all those who have worked tirelessly to bring this exciting conference to you, particularly BAPIO East Midlands and our administrative team including Mrs Sneha Deshpande and Mr Praveen Sankaran as technical advisor.

We are grateful to the speakers, chairs and facilitators who have given up precious time to impart knowledge and experience, and all those who will entertain you with a sample of Indian music and dances.

Above all, this conference would not have been possible without your participation so we are thankful for your engagement and involvement with BAPIO.

Dr Ramesh Mehta
President

Dr JS Bamrah
Chairman

Prof Parag Singhal
Honorary Secretary



BAPIO Annual Conference 2020

British Indian Nurses Association



Coumarassamy Marimouttou
BINA Chair



Suresh Packiam
General Secretary

The British Indian Nurses Association (BINA) formed in August 2020, the year we celebrate International Year of the Nurses and Midwives. BINA is an independent, non-profitable organisation set up to serve Nurses of Indian origin. BINA is working collaboratively as an 'Arm's length body' of the British Association of Physicians of Indian Origin (BAPIO). Founding members of BINA worked together with BAPIO to turn the ideas of forming BINA into a reality. We have enjoyed much support and joined hands with many other great leaders across the NHS and social care sectors of likeminded Nurses.

The newly appointed Executive team has engaged with our growing number of members and co-produced our mission, objectives & values, our purpose and benefits. The Executive team has established the national structure including executive leads for the majority of regions across the United Kingdom. BINA has been proactive in ensuring the Executive members represent the various culture heritage and gender profile of Nurses and Indian regions.

Primarily BINA formed to provide the much-needed voice for the nurses of Indian origin within the UK healthcare system. There are more than 24,000 nurses of Indian origin in NMC register (second highest group of non-EEA representation), and the numbers continue to grow. Over 3000 nurses have joined the UK within last 12 months. BINA ideally placed to understand the specific issues faced by our Indian nursing workforce across the country. Indian Nurses representation at Executive Board and senior level is currently very low. There are many health inequalities, which remain both workforce and patient services (access and service delivery). Newly arriving Indian nurses face many challenges, which add to anxiety and the pressure of arriving into a new country and settling into a new environment combined with the process of registration

BINA members are passionate about the BAME support networks and many had strong links with the Equality, Diversity & Inclusion leads in many NHS organisations. We are currently creating a network of support in order to nurture and develop the skills Indian nurses have. Offer support with coaching, mentoring to improve their interviewing skills. Provide the pastoral support to the newly arriving Nurses from India by working in partnership with NHSE/I, HEE, NHS organisations, voluntary sectors of faith groups, local culture based associations to make them "feel Like Home"..

We have a strategic vision to strengthen the pastoral support that offered by BINA members at a local/regional level. Plan to have BINA members at every hospital and private health care sectors, to work in partnership with BAME networks already addressing the inclusion agenda. We are delighted that we have leaders from Management, Clinical, Academic, Research and corporate sectors to offer the support what the BINA members may require for their personal and professional development.



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The BAPIO Institute for Health Research (BIHR) was established by the executive committee of the British Association of Physicians of Indian Origin to promote high quality research and innovation in health and social care by supporting diversity and leadership and engaging in strategic collaboration with other key partners in the UK and beyond.

The BIHR membership was appointed through application by the BAPIO executive committee and comprises clinical and academic leaders within its membership. These individuals bring their personal knowledge and expertise to a diverse and multi-disciplinary group who are committed to support and deliver its key objectives. This is achieved by providing engaged leadership and intelligence to funding bodies for the development of research themes aligned to its mission, promote equality and diversity in research and academia, collaborate with other research -active organisations, and to commission and undertake independent research.

Founding principles:

- **Promoting:** Promoting diversity in research and academic community
- **Targeting:** Targeting health inequalities through scientific exploration
- **Supporting:** Supporting innovation in technology & artificial intelligence
- **Fostering:** Fostering strong partnerships with patients and organisations
- **Influencing:** Influencing systems, strategy and policy through evidence

Strategy:

- To explore inequalities in the determinants of health and well-being
- To collaborate with global research and healthcare organisations
- To build strong patient/public partnership for testing research ideas
- To generate resources to support research and innovation activity
- To design and deliver research/ innovation for excellent patient care
- To provide a platform for supporting research and innovation from under-represented communities/ backgrounds

Meet the team - <http://www.bapio.co.uk/bihr/#executive-committee>

Follow us - @bapioResearch

Email - Chair.BIHR@bapio.co.uk

More info - <http://www.bapio.co.uk/bihr/>

Please click [here](#) to get involved



BAPIO Annual Conference 2020



BTA is the training and education arm of the British Association of Physicians of Indian Origin (BAPIO). BAPIO Training Academy (BTA) is one of the important pillars of BAPIO strategy to promote professional and clinical excellence. It was launched in 2015 by the chief executive of the NHS Mr Simon Stevens. BAPIO has a large number of members with years of experience working and training in the NHS whilst maintaining close links with the Indian subcontinent. This puts us in a unique position to facilitate a two-way flow of knowledge and expertise between our overseas colleagues and the NHS. The vast talent pool of our trainers is naturally sensitive to training needs of doctors from the Indian subcontinent and we aim to synergize this association. BAPIO Training Academy is registered with Companies House as Company Limited by Guarantee and is a not-for profit body that meets the approved criteria for benefiting the health of general public. BAPIO Training Academy is an 'Arm's Length Body' of BAPIO.

Vision

Through education and training promote ethical practice and professional behaviour amongst medical graduates.

Aim

Creating Excellence in Healthcare Education and Training

Objectives

1. Enhance practical leadership skills and capabilities of medical graduates
2. Promote and assist development of professional excellence in patient care
3. Share experience of cultural heritage to add value to patient care
4. Promote diversity, equality and inclusion
5. Support recruitment and retention of medical staff
6. Promote quality induction, mentoring and pastoral care
7. Encourage research and innovation

Meet the team: <https://www.bapiotrainingacademy.com/executive-committee/>

Meet the faculty: <https://www.bapiotrainingacademy.com/faculty/>

Get involved as collaborator (<https://www.bapiotrainingacademy.com/course-collaborator/>) or faculty (<https://www.bapiotrainingacademy.com/get-involved-faculty/>).

Contact us - dme.bta@bapio.co.uk

Follow us - @bapioA



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ONE ROOF?

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WHY MDS ?

When faced with professional difficulties, it is vital to know exactly who to turn to for assistance.

Furthermore, many of the issues do not fall neatly into either the traditional trade union or medical defence categories. Doctors and dentists often find themselves without adequate levels of support and assistance, which can lead to poor professional outcomes.

Medical Defence Shield (MDS) takes a holistic view of the problem, provides you with comprehensive support and secures the required expertise to ensure the best professional outcome for you. So, as an MDS member you can rest assured that if you find yourself in professional difficulty, one phone number is all you need – MDS membership gives you peace of mind by providing you with professional support, without compromise.

[FIND OUT MORE](#)





BAPIO Annual Conference 2020



DAY 1 – Friday, 20 November 2020

In Collaboration with

Health Education England: Global Engagement

Delivering Patient-centric Care

Launch of British Indian Nurses Association (BINA)

Programme

**09:00-
09:25** **Registration**

**09:25-
09:30** **Welcome**
Chairman Conference Organising Committee: Dr Biju Simon, and
BAPIO Chairman: Dr JS Bamrah

**09:30-
10:30** **Inauguration of British Indian Nurses Association**

- Welcome: Chairman - Mr. Coumarassamy Marimouttu,
- BAPIO Welcome: Dr Ramesh Mehta, President
- Lighting the Lamp to officially launch BINA
- Inaugural Speech: Ms Ruth May, Chief Nursing Officer, NHSE/I

- Welcome Messages:
 - H.E. Mrs Gaitri Issar Kumar The High Commissioner of India
 - Rt Hon. Rishi Sunak MP, Chancellor of the Exchequer
 - Dr T. Dileep Kumar, President Indian Nursing Council
 - Professor Jean White, Chief Nursing Officer, Wales
 - Dr Navina Evans, Chief Executive, HEE
 - Dame Donna Kinnair, Chief Executive, RCN
 - Ms Prerana Issar, Chief People Officer, NHSE/I
 - Professor Roy K George, President TNAI

- BINA – Progress Update: Mr Suresh Packiam, Secretary

Facilitator – Mr Rajiv Metri



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- 10:30-11:10**
- Session 1: Career Opportunities/Journeys**
Chairs: Dr Veeresh Patil & Dr Leah Macaden
Facilitator: Mr Simon Jacob
(10 Minutes each Speaker followed by Panel Discussion)
- Staff Nurse to Deputy Chief Nurse, England, NHSE/I: Ms Sue Tranka
 - Staff Nurse to Service Director: Ms Asha Day
 - Staff Nurse to Senior Lecturer: Dr Bhuvanewari Krishnamoorthy
- Questions & Answers
- 11:10-11:20**
- Coffee break**
- 11:20-12:00**
- Session 2: Covid-19 and the nursing workforce**
Chairs: Mr Duncan Burton & Dr Manju Pallam
Facilitator: Mr Rajiv Metri
(10 Minutes each Speaker followed by Panel Discussion)
- Impact of Covid-19 on Indian Nurses: Professor Mark Radford
 - Challenges & Lessons Learnt: Ms Obi Amadi
 - Inclusive & Compassionate Leadership: Dr Habib Naqvi
- Questions & Answers
- 12:00 - 12:15**
- BINA: Video Messages**
Vote of Thanks – Kokila Swaminathan
- 12:15-13:00**
- Session 3: Passage from India to NHS: Tales of Toil and Triumph**
- Chairs: Professor Raj Murali and Dr Jyothi Arayambath
Facilitator: Dr Jithin Jith
(10 Minutes each Speaker followed by Panel Discussion)
Nurse's perceptive: Ms Rosemary Sanju
Doctor' observation: Dr Parveen Doddamani
Allied Health Care Member's Perceptive: Giridhar Ravi
- Questions & Answers
- 13:00-13:25**
- Lunch Break Visit Sponsors' Booths**



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- 13:25-13:50** **Session 4:**
- **An Introduction to HEE's Global Learners Programme**
Chair: Professor Parag Singhal and Dr Kaustub Nisal
Facilitator: Ms Farha Hamza
(7 minutes each speaker)
Speakers: Mr David Keen and Ms Michelle Thompson
 - **BAPIO Training Academy Pastoral Care Programme for Nurses**
Speaker: Mr Ashok Khandelwal

- 13:50 14:10** **Keynote Address**
Chairs: Dr Hemadri and Dr Veena Patel

Facilitator: Ms Kanan Pancholi
'International Healthcare Workers in the NHS play a Key Role in Ensuring Quality Patient Care'- Professor Ged Byrne

- 14:10-14:25** **Guest Speaker**
Chairs: Dr Kamal Sidhu and Dr Veeresh Patil
Facilitator: Dr Anupama Vijay

'Changing Role of Primary Care in Patient-centric Care'-
Professor Mayur Lakhani

- 14:25-15:15** **Session 5: Career Opportunities in a Multi Professional Working Environment**

Chairs: Dr Achuthan Sajayan and Mr Suresh Periyasamy
Facilitator: Giridhar Ravi

(10 Minutes each Speaker followed by Panel Discussion)

- Nurse Consultant: Ms Anu Thomas
- Physician Associate: Ms Komal Parvez
- Pharmacist: Professor Mahendra Patel
- From Therapist to Advanced Care Practitioner: Mr Rajesh Pothini

Questions & Answers

- 15:15-15:25** **Coffee Break**



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**15:25-
16:25**

GAPIO Session: How Covid-19 has changed the world

Chairs: Professor Anupam Sibal (India) and Dr Avinash Hiremath

Facilitator: Ms Farha Hamsa

(10 Minutes each Speaker followed by Panel Discussion)

Guest Speaker: Dr Shashank Vikram, Consul General, Consulate General of India, Birmingham (5 Min)

- UK: Prof Fahad Rizvi
- AAPI: Dr Sudhakar Jonnalagadda
- Australia: Dr Shailaja Chaturvedi
- American University of Antigua: Mr Neal Simon
- Canada: Dr Arun Garg

Panel discussion

**16:25-
16:30**

Vote of Thanks: Ms Mala Khiroya



BAPIO Annual Conference 2020

Day 2: Saturday 21 November 2020



AURORA The Dawn of a New Era

Programme

09:00 – 10:00

Registration

10:00 – 10:45

Welcome: Convener of the Organising Committee - Dr Vittal Jadhav
Chairman BAPIO - Dr JS Bamrah

**MAIN
AUDITORIUM**

Inauguration Presidential Address – Dr Ramesh Mehta

Lighting the Lamp

- Guest of Honour, Her Excellency Mrs Gaitri Issar Kumar IFS, The High Commissioner of India
- Rt Hon. Matt Hancock MP, Secretary of State Health and Social Care (TBC)
- Rt Hon. Professor Lord Kakkar PC, Chairman, The King's Fund

10:45: 11:15

Session 1: Circum COVID

(10 minutes presentation followed by Panel Discussion)

Chairs: Prof Geeta Menon and Dr Riaz Mappilakkandy

Facilitator: Dr Maisoon Vadakkayil

- **Impact of COVID on British Asian Community** - Professor Kamlesh Khunti
- **New challenges for doctors** - Dr Chaand Nagpaul



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11:15-11:30

Guest Lecture

Chairs: Dr Kailash Chand and Dr Avinash Deodhar

Facilitator: Dr Rahul Jha

“FIGHTING COVID - what we are learning about building a truly equitable and inclusive health service for all”

Baroness Dido Harding, Chair NHSI, Interim Executive Chair, National Institute for Health Protection.

11:30-11:35

Coffee Break

Session 2: Mind the Gap!

11:35 – 12:25

Chairs: Dr Satheesh Mathew and Dr Mohsin Zaman

Facilitator: Dr Anoshah Arif

- **Pursuing Equality in Higher Education:** Professor Nishan Canagarajah
- **Making gender equality count:** Professor Dame Jane Dacre
- **Race equality myth buster:** Professor Mala Rao

Questions and Answers

Launch of BAPIO Training Academy Initiatives

Chair: Dr Veena Daga

12:25-12:45

Facilitator: Mr Simon Jacob

- **International Fellowship Scheme (2+2)** – Prof Parag Singhal
- **Teleheal Charitable project** - Dr Waheed Arian

12:45-13:15

Lunch, Poster Viewing and Visit Booths



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Quilter Financial Advisers Session

Chairs: Dr Arvind Shah and Dr Abhay Chopada

Facilitator: Dr Arshad Zubair

13:00 -13:30

‘Spotlight on McCloud: What this means for your NHS Pension and could you be due a refund of £000s?’

Mr Graham Crossley & Ms Veronica Trotter

Guest Lectures

13:30 – 14:00

Chairs: Dr Joydeep Grover and Mr Jitendra Mangwani

Facilitator: Dr Sharan Sunil

MAIN
AUDITORIUM

- **GMC Role in Tackling Racism and Discrimination in the Medical Profession** - Mr Charlie Massey (15 mins)
- **Tackling Systemic Inequalities in the NHS** - Professor Iqbal Singh (10 mins)

Questions and Answers

14:00 to 16:00

PARALLEL SESSION (2 hours)

RESEARCH
HUB

Research & Innovation Presentations

Chairs: Dr Sunil Daga and Dr Narendra Reddy

Facilitator: Dr Chitra Joseph

Short listed candidates will present their research to a panel of judges to select 4 winners who will be invited to do presentations in plenary session on Sunday.

Session 3: Initium Novum, novus challenges!

14:00 -14:45

Chairs: Dr Subarna Chakravorty and Dr Rajesh Krishnamoorthy

MAIN
AUDITORIUM

Facilitator: Dr Nija Jacob

- **Health impact on children and adolescents** - Professor Russell Viner
- **Health care delivery challenges in the virtual world** - Dr Raj Patel
- **Evolving Medicine in changing world** – Professor Andrew Goddard

Questions and Answers



BAPIO Annual Conference 2020



14:45-15:00

Coffee Break

15:00 -15:30

Session 4: Futurum doctrina

Chairs: Professor Vinod Patel and Dr Sapna Agarwal

Facilitator: Dr Arshad Zubair

- **Training Priorities in the new era** - Professor Helen Stokes-Lampard
- **Supporting Learning and Learner wellbeing in the virtual world** - Professor Simon Gregory

Questions and Answers

15:30-16:00

Session 5: Caring for the Workforce

Chairs: Dr Rasika Sinha and Dr Moqsith Mohamed

Facilitator: Dr Maheema Ramakrishnan

- **Changing boundaries of healthcare workforce** – Professor Ged Byrne
- **Evolving Priorities for Women in the NHS** - Professor Neena Modi

16:00-17:00

The Leadership: To be led or not to lead, is it our destiny?

Chairs: Dr Muralidharan and Dr Jyothi Srinivas

Facilitator: Dr Nija Jacob

Leadership perspectives and Aspirations:

- Junior doctor - Dr Anoshah Arif
- Junior Nurse - Ms Kulsoom Patel
- **Reflections of an Asian leader:** Mr Karamjit Singh
- **How did I do it:** Dr Navina Evans

Panel Discussion with all speakers

17:00-17:05

Vote of Thanks: Dr Rakhee Saxena

10:00-17:00

Auditorium

Poster Presentation all day



BAPIO Annual Conference 2020



Gala Entertainment Programme Saturday, 21st November 2020 6:00 pm to 10:15pm

18:00 –
18:02

INTRODUCTION & WELCOME
Dr Archana Nair & Dr Rahul Jha
(Masters of Ceremonies)

18:02 –
18:10

Classical Dance – Ms Manju Sunil – Hosted by Dr Anupama Vijay

18:10 –
18:40

Orchestra led by Dr Sethu Wariyar or Mr Vishwesh Bhat

18:40 –
19:00

BAPIO AWARD CEREMONY – Hosted by Dr Archana Nair

Covid-19 award for Services to Stranded PLAB doctors
Dr Raka Maitra, Dr Shevonne Matheiken, Dr K. Gajanan, Dr
Emmeline Lagunes Cordoba, Dr Arun Garg, Dr Kabir Enara, Dr Samir
Shah

Felicitated by Dr Ramesh Mehta and Dr JS Bamrah

Outstanding Contribution to Equality and Diversity
Sir Simon Stevens

Felicitated by Dr Ramesh Mehta and Dr JS Bamrah

19:00 –
19:10

Dance Performance by Ms Breeze George - Hosted by Dr Rahul Jha

19:10-
19:30

BAPIO AWARD CEREMONY – Hosted by Dr Anupama Vijay

‘Nurse of the year’
Mrs Hansa Nair

Citation by Mr Coumarassamy Marimouttou

Outstanding Leadership



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Mr David Carter

Citation by Mr Sanjiv Manjure

Outstanding Leadership

Mr Martin Barkley

Citation by Dr Ashutosh Sinha

Exceptional Philanthropic activities

Mrs Ritu Chhabria

Citation by Dr Arvind Shah

19:30 –
20:00

BAPIO night with Navin Kundra - Hosted by Dr Archana Nair

20:00 –
20:20

BAPIO AWARD CEREMONY- Hosted by Dr Rahul Jha

BAPIO Women's Role Model

Professor Nithya Krishnan

Citation by Dr Aneshya Kandiyil

Outstanding Service to BAPIO

Professor Fahad Rizvi

Citation by Dr Biju Simon

Professional Excellence

Dr Gordon Bannister

Citation by Prof Parag Singhal

Professional Excellence

Dr Anil Mane

Citation by Dr Rahul Jha

20:20 –
20:30

Classical Dance by Ms Manju Sunil – Hosted by Dr Anupama Vijay

20:30 –
20:50

BAPIO AWARD CEREMONY- Hosted by Dr Archana Nair

Imran Yusuf Memorial Award

Dr Arpan Mehta

Citation by Dr Satheesh Mathew



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Quilter award for Young Leaders
Dr Nikhil Aggarwal & Dr Shyam Gokani

Citation by Dr Anupama Vijay
Award presented by Quilter senior

‘Doctor of the Year’

Dr Amit Kocchar
Citation by Dr Rahul Jha

- 20:50 – 21:00** – **Dance Performance by Ms Breeze George** - Hosted by Dr Rahul Jha
- 21:00 – 21:10** – **Singing performance by Mr Dileep Kumar** - Hosted by Dr Anupama Vijay
- 21:10 – 21:20** – **Singing performance by Mr Adi Nair** – Hosted by Dr Archana Nair
- 21:20 – 21:30** – **Singing performance by Dr Anupama Vijay** – Hosted by Dr Archana Nair
- 21:30 – 21:40** – **Dance Performance by Ms Breeze George** – Hosted by Dr Rahul Jha
- 21:40 – 22:10** – **Orchestra led by Dr Sethu Wariyar** - Hosted by Dr Rahul Jha
Singers
1. Dr Sunil Nair
 2. Dr Anupama Vijay
 3. Mr Dileep Kumar
 4. Dr Rahul Jha
- 22:10 – 22:15** – **Closing of Entertainment Programme**
Dr Anupama Vijay & Dr Rahul Jha



BAPIO Annual Conference 2020

Day 3: Sunday 22 November 2020



AURORA

The Dawn of a New Era

Programme

- 09:30 – 10:00** **Registration**
- 10:00 – 10:05** **Welcome:**
Dr Riaz Mappilakkandy, Director, E Midlands BAPIO Training Academy.
Dr Veena Daga, Director of Medical Education, BAPIO Training Academy.
- 10:05 – 10:35** **Session One:**
How Training has changed in COVID times?
Chairs: Dr Mohsin Zaman, Dr Vinay Gupta
Facilitator: Dr Sharan Sunil
(10 minutes presentation followed by panel discussion)
- New Training initiatives: Dr Nigel Scarborough / Dr Minal Bakhai
 - Adaptation to pre-existing training: Dr Tariq Kapasi
- Panel Discussion
- 1: General Practice Training**
Chairs: Mr Ashok Rajimwale Facilitator: Dr Jithin Jith
- GP Training – Professor Fahad Rizvi
- 10:35-11:05** **Work Shops**
- 2: CESR Preparation**
Chair: Dr Renu Jainer and Dr Pankaj Gupta Facilitator: Dr Anoshah Arif
CESR programme Successful applications – Ms Faye Macdonald (GMC)



Parallel Sessions

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3: How to build a successful portfolio?

Facilitator: Dr Maisoon Vadakkayil

Portfolio as a tool for success – Professor Azhar Farooqi & Professor Aly Rashid

4: Nurses Career Progressions options

Chairs: Mr Suresh Packiam

Facilitator: Dr Giridhar Ravi

- Nursing portfolio – Mrs Ani Ponnaberanam, Mrs Sharon Sundersingh and Mrs Mandini Sivasubramanian

11:05-11:15

Coffee break

1: Leading with Compassion: Ms Helen Mancini

Facilitator: Dr Rahul Jha

11:15-12:00

Parallel Sessions

(Session 4)

2: Secrets of getting funding and publications

Dr Manish Pareek, Professor Ivan Brown - Publication

Professor Rishabh Prasad and Professor Bertha Ochieng – Funding

Facilitator: Dr Arshad Zubair

1. Mentoring and Coaching

Professor Mo Roshan

Dr Avinashi Prasad

12:00-12:45

Parallel Sessions

Facilitator: Dr Sharan Sunil

2. Mental wellbeing and Mindfulness

Mindfulness - Dr Chris Sanders

Wellbeing – Leading the change that matters - Dr Zahera Kapasi

Facilitator: Dr Arshad Zubair

12:45-13:15

Lunch Break



BAPIO Annual Conference 2020



13:15-14:15

The Research Plenary

Chairs: Dr Indranil Chakravorty, Dr Deepa Patel and Professor Angie Doshani

Four Selected Presentations, each of 8 minutes and 7 minutes Q&A

Facilitator: Dr Jithin Jith

14:15 to 15:00

BIHR Bridging the Gap – Differential Attainment session -1

Chair: Professor Andrew Goddard

Moderator - Martin Fisher, Subarna Chakravorty and Shivani Sharma

Theme Presentations followed by discussion on Solutions

Themes: Recruitment, Assessment and Career Progression

Facilitator: Dr Giridhar Ravi

15:00 to 15:15

Coffee Break

15:15 to 16:00

BIHR Bridging the Gap – Differential Attainment session -2

Chair: Professor Sue Carr, Deputy Medical Director GMC

Moderators: Martin Fisher, Subarna Chakravorty and Shivani Sharma

Theme Presentations followed by discussion on Solutions

Themes Research/Academia, Leadership & Excellence and Professionalism

Facilitator: Dr Archana Nair

16:00 to 16:15

Research Winners and Prizes

Chairs: Professor Geeta Menon & Professor Parag Singhal

Moderator: Dr Sunil Daga

Facilitator: Dr Maisoon Vadakkayil

16:15-16:30

Closing Remarks: Professor Fahad Rizvi, Vice-Chair Conference Committee

Vote of Thanks: Dr Biju Simon, Chairman, Organising Committee

Dr Vittal Jadhav, Convenor, Organising Committee

Invited Guests and key Speakers

The Rt Hon Rishi Sunak MP is Chancellor of the Exchequer of Her Majesty's Government. He was previously Chief Secretary to the Treasury, Parliamentary Under Secretary of State at the Ministry of Housing, Communities and Local Government, and Parliamentary Private Secretary at the Department for Business, Energy and Industrial Strategy. He worked in business and finance before entering into politics. He went to Winchester College and studied Politics, Philosophy and Economics at Oxford University. He was also a Fulbright Scholar at Stanford University (USA) where he studied for his MBA.



Her Excellency Gaitri Issar Kumar IFS is a 1986 batch IFS officer currently serving as High Commissioner of India to the United Kingdom. She was the ambassador of India to Belgium, Luxemburg, and the European Union. She is one of the officers with extensive experience in foreign affairs and held prominent roles on the international stage representing India promoting India's political, trade, and economic as well as cultural cooperation with friends and partners - bilateral and multilateral fora. She is fluent in Punjabi, Hindi and English. She studied German and Portuguese and has a working knowledge of Nepali and French.

The Baroness Dido Harding, Baroness Harding of Winscombe is Chair of NHS Improvement and Interim Executive Chair of the National Institute for Health Protection. She is a non-executive director on The Court of the Bank of England, trustee of DotEveryone, member of the UK National Holocaust Memorial Foundation Advisory Board and Senior Independent Director of MindGym PLC. She sits in the House of Lords as a Conservative peer and is a member of the Economic Affairs Select Committee. She held private company roles in the past. She graduated from Magdalen College, Oxford and completed her MBA from Harvard Business School.



Rt. Hon. Professor the Lord Kakkar is Chair of King's Fund. He is Professor of Surgery at University College London, Chairman of UCLPartners Academic Health Science Partnership, and Director of the Thrombosis Research Institute, London. He completed his medical degree from King's College London and received his PhD from Imperial College London. He has been a Fellow of the Royal College of Surgeons since 1992. His research interests include the prevention and treatment of venous and arterial thromboembolic disease, and cancer-associated thrombosis. He was Chairman of the House of Lords Appointments Commission. He is a member of Her Majesty's Most Honourable Privy Council and is Chairman of the Judicial Appointments Commission.

Professor Dame Donna Kinnair has been Chief Executive and General Secretary of the Royal College of Nursing since August 2018. She has specialised in child protection, providing leadership in major hospital trusts in London, teaching, and advising on legal and governmental committees. She was one of four expert advisers in the 2001 Laming inquiry into the death of eight year old Victoria Climbié. She has also taught medical law, ethics and child protection in multiple countries. In addition she has provided advice to the UK government on nursing and midwifery through her work with the prime minister's commission in 2010. She Director of Nursing of RCN. Kinnair has also been recognised for her influence, having



been listed in the 2020 Powerlist which lists the 100 most influential Britons of African/African Caribbean descent.



Professor Dame Clare Gerada is a registered Medical Practitioner with an understanding of and experience in the provision of general practice, mental health and addiction services. Her main interest and expertise are management of the addiction field. Prof Gerada has been the lead clinician for the Consultancy Liaison Addiction Service which provides support to general practitioners such that they are able to deliver effective care to drug users. She was Senior Policy Advisor Department of Health, Drugs and Alcohol, Director of RCGP Substance Misuse Use Unit & was Chair of RCGP National Expert Group on Substance Misuse. She was Director Primary Care, National Clinical Governance Support Team, responsible in part for developing Governments' response to the Shipman Inquiry, Vice Chair RCGP and Chair RCGP.

Professor Dame Jane Dacre is Physician and Rheumatologist at the Whittington Hospital in North London, **she** is President Medical Protection Society. She was President Royal College of Physicians of London, Former Director of the UCL Medical School, Medical Director of the MRCP examination, Council Member of the GMC where she chaired Education and Training Committee. She is deeply committed to the NHS, and see patients with complex rheumatological problems, and significant co-morbidities. She is Non executive (NED) on the Trust Board of Whittington Health, an integrated care organisation.



Ms. Ruth May is the Chief Nursing Officer for England and an Executive/National Director at NHS England and NHS Improvement. She is the National Director responsible for infection prevention and control. She was Regional Chief Nurse and Nurse Director for the Midlands and East region in NHS England, where she championed the 'Stop the Pressure' campaign, which nearly halved the number of pressure ulcers in the region, improving care for patients, as well as delivering cost savings to the NHS. She was Chief Executive of The Queen Elizabeth Hospital, King's Lynn and Mid-Essex Hospital Services NHS Trust. She is passionate about nurturing the next generation of NHS nursing, midwifery and allied health professions (AHP) leaders, encouraging professional development opportunities and working across the health system to put in place the optimal cultural conditions for all NHS employees to thrive.

Professor Jean White CBE is the Chief Nursing Officer of Wales. She is lead professional adviser on nursing and midwifery to Welsh Government, nurse director for NHS Wales, policy lead for: maternity services, breastfeeding, patient experience, safeguarding in NHS Wales, health of people with a learning disability, and implementation and extension of the Nurse Staffing Levels (Wales) Act 2016 and expert nurse advisor to the World Health Organisation European Regional Office. She has held positions in nurse education, at the Welsh National Board, Health Professions Wales and Welsh Government. Jean holds a number of visiting professorships and academic fellowships, and is Fellow of the Queen's Nursing Institute.





Mr Charlie Massey is GMC Chief Executive and Registrar. He was one of the Director Generals of DoH, Director for Ageing Society and State Pensions at the Department for Work and Pensions, where he led on policy for State Pensions and other pensioner benefits, extended working life and ageing. Before that he worked in a variety of roles across government and the wider public sector, including As an Executive Director at the Pensions Regulator, leading the development of a new regulatory strategy to improve the funding of final salary pension schemes, Leading reviews on childcare and drugs in the Prime Minister's Strategy Unit, Leading work on Royal Mail and the future of the Post Office network at HM Treasury. He also chairs a local housing charity.

Dr T. Dileep Kumar is current president of Indian Nursing council. Dr Kumar is with Extensive experience in academic healthcare. He is keen supporter of a competency-based system excelling in global arena. He is proud of the achievement of Indian nurses in international patient care systems.



Ms Prerana Issar is Chief People Officer of NHS England and NHS Improvement. She was working at UN world Food programme before joining NHS England. She led the development of the UN's first strategic human capital approach. She was Unilever Vice-President HR for the global Foods business. She is a person with wealth of expertise in leadership development and strategic talent management, as well as diversity and inclusion. She is a passionate and committed advocate for diversity at all levels and all jobs, and applies this lens to people-related decisions, policies and processes. She is one of the key motivators of NHS people plan and "A Model Employer" initiative.

Professor Helen Stokes-Lampard is Professor of GP Education, Chair of the Academy of Medical Royal Colleges (AoMRC), a GP Principal and Chair of the National Academy for Social Prescribing (NASP). She was Chair of the Royal College of General Practitioners (RCGP). She has led on a number of national reports; 'Vision for the Future of General Practice', and her research led to a substantive change in the national cervical cancer screening programme. Helen has undertaken a number of national positions of responsibility, including the National Exceptional Pressures Panel, the NHS England Net Zero Panel and the NHS England Assembly. She enjoys public speaking (250 events), including public lectures, conference plenaries and panel debates. She has also made over 350 broadcast media appearances, including multiple appearances on the BBC.



Professor Nishan Canagarajah is President and Vice-Chancellor of University of Leicester. He was Pro Vice-Chancellor with responsibility for research and enterprise at University of Bristol. Nishan worked his way through the academic ranks, serving as the Faculty of Engineering Research Director, Head of Department of Computer Science, Head of Merchant Venturers School of Engineering and Dean of the Faculty of Engineering. He became Pro Vice-Chancellor for Research and Enterprise in August 2014, establishing two cross disciplinary research institutes to address societal issues and worked to establish a key partnership with the Alan Turing Institute. He was University of Bristol lead for equality,

diversity and inclusion, Nishan championed a diverse and welcoming University community that reflected his role as one of the Bristol Race Equality Commissioners and position on the Governing Board of the Bristol City Funds.

Dr Navina Evans CBE is Chief Executive of Health Education England. She is one of the first female, ethnic minority chief executives in the NHS and was appointed CEO at East London NHS Foundation Trust in August 2016. Dr Evans has held a number of positions across the East London NHS Foundation Trust including Director of Operations & Deputy CEO, Director for Mental Health, Lead Clinician Newham CAMHS and Clinical Director for Child and Adolescent Mental Health Services. She has considerable experience of working in multidisciplinary roles crossing organisational boundaries. She is passionate about staff wellbeing and co-production with patients, advocating for the best possible care and creating a culture of enjoying work for staff.



Professor Andrew Goddard is the president of the RCP, and a consultant physician and gastroenterologist at Royal Derby Hospital. His clinical and research interests are bowel cancer screening, H. pylori, iron deficiency anaemia and inflammatory bowel disease. He is chair of the British Society of Gastroenterology gastroduodenal section. He was director of the RCP's Medical Workforce Unit for 5 years until being appointed RCP registrar in 2014. In this role, he oversaw professional and clinical affairs, both in the UK and internationally. His main policy areas were workforce, healthcare funding, the future of general medicine, the medical registrar and 'keeping medicine brilliant'.

Professor Russell Viner is the President of RCPCH. He is Professor of Adolescent Health at the UCL Institute of Child Health, with 200 peer reviewed papers and accomplished more than £20 million grants. He is the Director of the Department of Health Obesity Policy Research Unit (OPRU). He has acted as an advisor on adolescent health and obesity for the Departments of Health and for Education in England and for the World Health Organisation and Unicef internationally. His research focuses on population health, policy and health services for children and young people, particular focus on obesity. Russell has significant experience within the NHS, having been Clinical Director in a teaching hospital and clinical director for children and young people for the NHS across London, responsible for leading healthcare strategy for London's two million children and young people.



Professor Simon Gregory is the Deputy Medical Director of Primary and Integrated Care Education for England and a GP at King Edward Road Surgery, Northampton. He is Honorary Professor at Norwich Medical School, University of East Anglia (UEA), Visiting Professor at Anglia Ruskin University (ARU), and a Fellow of Homerton College Cambridge. He is Chair the University of Cambridge Military Education Committee, Chairman of the Committee on Medical Ethics of the RCGP, a College Trustee and sit of the RCGP Council. Simon is a Deputy Lord Lieutenant for Northamptonshire and also Vice-Chair of Trustees of the Astrea Multi Academy Trust. Simon is Regional Chairman of East Midlands Scouts & Chair of the Governors at Northampton High School and a season ticket holder of Northampton Saints Rugby Football Club.



Mr. Karamjit Singh CBE is Chairman of the University Hospitals of Leicester NHS Trust. He was the first Chair of Coventry and Warwickshire Partnership NHS Trust, he was a Board member of the Coventry Family Services Health Authority, Coventry Health Authority and Trustee of the British Lung Foundation. He is a Trustee of a Sikh Temple based in Coventry, a Council Member of Justice which sponsors research and advocacy for changes in the justice system. Since 2019 he is a member of the national Board of NHS Providers which represents all the 231 NHS acute, mental health and community services trusts in England. His previous national appointments have included leading the UK wide appeals process for Social Fund welfare benefits; appointing Queen's Counsel and senior civil servants; investigating police complaints and suspected miscarriages of justice; developing training for judges, taking decisions about parole for prisoners and employment law issues, regulating financial services and the funding of political parties as well as electoral issues. He was awarded the CBE in 2000 for services to the administration of justice and he was awarded a Harkness scholarship to study public policy in the United States. He was recently included in the Green Park national survey as one of the 100 BAME Business Leaders. He is also a Companion of the Chartered Institute of Management and a Fellow of the Royal Society of Arts.

Professor Sue Tranka is the Deputy Chief Nursing Officer for Patient Safety and Innovation at NHS England and Improvement. Sue has 28 years of experience in nursing and has spent the last 21 years working in the NHS. Sue trained as a midwife, registered general nurse, mental health and community nurse. Her operational and clinical leadership roles culminated in her establishing and leading a Critical Care Outreach team in a North London hospital. She is interested in quality improvement, human factors and safety systems. She is an honorary visiting professor of University of Surrey and professional advisor on Human Factors programme at Staffordshire University.



Dr Raj Patel MBE is Deputy National Medical Director for Primary Care and a Council member of GMC. He is qualified GP and was GP Principle until recently. He was Medical Director in NHS England. He is a distinguished Medical Leader demonstrates a flexible and collaborative approach to leadership. He is a Fellow of Royal Colleges of General Practitioners.

Professor Mala Rao OBE is a Senior Clinical Fellow at Imperial College London, Medical Adviser to NHS England's Workforce Race Equality Strategy and Vice Chair of WaterAid UK. She was Head of Public Health Workforce and Capacity at the Department of Health for England. She was Founder Director of Public Health Foundation of India's first Institute of Public Health, under the aegis of the UK Global Health Strategy. Supported by UK Government, she led India's first primary care pilot underpinning its universal healthcare plan. She is a recognised champion of climate change action, sustainable development and equality. She also led the first quasi-experimental evaluation of India's first health financing innovation and has advised on health care reforms in some of the poorest states in the country, and more recently, in other WHO regions.





BAPIO Annual Conference 2020



Professor Ged Byrne MBE is a surgical oncologist and Director of Global Engagement at Health Education England. Professor Byrne is responsible for the enhancement of the NHS workforce through engagement with countries within and outside the EEA. He is a Professor of Medical Education at the UoM, an honorary Professor of Health Sciences at the University of Salford and was awarded a National Teaching Fellowship by the Higher Education Academy. In his roles as director of Education and Quality for Health Education North West and director of Education and Quality for HHE North, he has led nationally for HEE on population health and prevention, patient safety and academic development. He has a long-standing interest in global healthcare capacity building and education, leading the development of the GuluMan healthcare link and is the founder director of the Uganda-UK Healthcare Alliance. He passionately believes that education must be globalised for all NHS staff if they are to offer a fit for purpose role in the future of healthcare in the UK.

Professor Roy K George is President of Trained Nurses Association of India. He is Principal of Baby memorial College of Nursing and Chief Editor, "Kerala Nursing Forum". He has special research interest in Dementia and Old age. He was Controller of Examination of Association of Management of Self-Financing Nursing Colleges, Kerala.



Professor Iqbal Singh OBE is an experienced clinician specialising in care of the elderly, pioneer in ethnic health and diversity, combined with board level GMC and Healthcare Commission (HCC) service he demonstrates a track record in regulatory, inspection, education and patient safety experience. He led the development of indicators for assessment of safety and quality in issues around BME health. As a commissioner at HCC and chair of the Expert Reference Group on Patient Safety, he played a significant role in the development and signing of a charter for safety. As founder and chair of the Centre of Excellence for Safety in Older People's Care, He has led on training and education of the workforce within the health and social care sector.

Professor Kamlesh Khuntj is Professor of Primary Care Diabetes and Vascular Medicine at the University of Leicester, UK. He is Co-Director of the Leicester Diabetes Centre and leads a research group that is currently working on the early identification of, and interventions with, people who have cardiometabolic disease or are at increased risk of developing cardiometabolic diseases. His work has influenced national and international guidelines on the screening and management of people with diabetes. Professor Khuntj is also Director of the UK National Institute for Health Research (NIHR) in Applied Research Collaborations (ARC) East Midlands and Director of The Real World Evidence Unit and Centre for BME Health. He is a NIHR Senior Investigator and Principal Investigator on several major national and international studies. He is the National NIHR ARC Theme Lead for Multimorbidity and Ethnicity and Diversity. He is also Honorary Visiting Professorial Fellow with Department of General Practice, University of Melbourne.





Professor Neena Modi is Professor of Neonatal Medicine at Imperial College London and Consultant in Neonatal Medicine at Chelsea and Westminster NHS Foundation Trust. She is a Fellow of the Academy of Medical Sciences. She was President of the Neonatal Society, President of the Academic Paediatrics Association of Great Britain and Ireland, chair of BMJ ethics committee and President of Royal College of Paediatrics and Child Health. She is President of the UK Medical Women's Federation. She is an advocate for child health and well-being, and campaigner for the retention of the National Health Service as a primarily publicly funded, publicly delivered healthcare system.

Professor Mark Radford is the permanent Chief Nurse for Health Education England. Mark was previously Deputy Chief Nursing Officer for NHS England & NHS Improvement, prior to that he was the chief nursing officer at University Hospitals of Coventry and Warwickshire Trust. Mark has worked as a consultant nurse in emergency and trauma care. He has also worked in Perioperative, Emergency and Intensive care in the UK and Europe previously. Mark is a visiting Professor of Nursing at Birmingham City and Coventry Universities, and has published research on staffing, advanced practice, perioperative and trauma care. His research interests are in healthcare workforce, ranging from safe staffing to workforce retention.



Dr. Bhuvaneshwari Krishnamoorthy is a postdoctoral NIHR fellow at University of Manchester and Edge Hill University. She is a Senior Lecturer at Edgehill University and Lead Surgical practitioner at Manchester University NHS Foundation Trust. She is the President of Association of Cardiothoracic Surgical Care Practitioner She is programme Director for MSc Surgical care practice, one of the three programmes in the country. She is actively involved in research, teaching and curriculum development. She is National Education Chair for RCS Edinburgh for nurses and allied healthcare professionals.

Dr Habib Naqvi MBE is the Director of Race and Health Observatory. He has a background in equality and diversity policy, public health, and health psychology. Habib is the Policy Lead for the NHS Workforce Race Equality Standard and is leading on the inclusion of the WRES within national policy levers. Before joining NHS England in 2013, Habib worked on the development of national equality and diversity policy at the Department of Health, where he led on the development of the Equality Delivery System for the NHS and took the lead for coordinating the health sector's response to the Ministerial review of the Equality Duty. Habib has experience in academia and research, including holding a strong portfolio of healthcare research. He participated in reverse mentoring NHS England chief executive Simon Stevens.





Mr. Suresh Packiam is a General Manager at Midlands Partnership Foundation Trust. He is General Secretary of British Indian Nurses Association (BINA) and is with 22 years of experience in Clinical, Management and leadership. He had a vision of bringing the Indian Nurses together to have a strong voice in the UK, and able to work with like-minded people to form the BINA. Suresh was a dual qualified in India but continued as a mental health nurse in UK, managed various services of Acute and Older adult within the urgent care mental health Division, experienced in Forensic mental health, and also in private sector working in Nursing home. He built up positive influence by having self-belief and self-respect, by having good understanding of system knowledge, system thinking and leadership. He completed Rosalind Franklin through NHS leadership academy. Suresh is Passionate about value based inclusive leadership. Suresh is trained Cultural Ambassador (CA).

Ms. Asha Day is Professional Development Officer at Institute of Health Visiting. She is currently managing a team of 28 Public Health Nurses. She has 30 years of experience in the health and social care sector including working at highest strategic level of DoH advising Government in developing, supporting and implementation of national policies. In 2017, Asha was awarded the prestigious title of Fellow of the Institute of Health Visiting for her contribution to Public Health. She secured £1.6 million funding for qualitative nursing research. Asha has experience of working for NICE and she is currently Vice Chair of the Community Practitioners & Health Visitors Association and she is member of the Professional Advisory Committee for the CPHVA Development Awards. Recently Asha published a paper on the Impact of COVID on the BAME workforce Community Practitioners.



Professor Mayur Lakhani CBE is chair of West Leicestershire Clinical Commissioning Group. He is council member of the Royal College of GPs and a member of the Faculty of Medical Leadership & Management (FMLM). He is honorary member of the University of Leicester, was Chairman of the Royal College of General Practitioners, Editor of "Quality in Primary Care", Member and National Council for Palliative Care. He is a practicing GP with extensive experience in clinical care, medical education, and medical leadership.

Ms Obi Amadi is Lead Professional officer of Unite the Union. She was Chair of Mary Seacole Awards and She was Mary Seacole Statue Appeal Ambassador. She is the Director of the Community Practitioners' and health Visitors' Association. She trained as a nurse, midwife, health visitor and nurse practitioner. Her role involves taking the strategic lead on professional issues and supporting professional activity across the UK and internationally. She works with the UK Governments and other stakeholders on policy development and supporting our industrial relations and campaigning activity. In 2014 she was voted one of the Health Service Journals BME Pioneers and in 2013 was awarded a Health and Social Care BME Award for services to the NHS.





Ms Anu Thomas is a Consultant Nurse and Clinical lead for the Stroke Service. She worked in Critical Care Unit and achieved Diploma in Critical Care and Masters in Nursing. After building further knowledge and skills in neuroscience she advanced to become advanced practitioner and Consultant Nurse in stroke. She acquired Masters Level Advanced Neurovascular skills (Neurovascular Education and Training in Stroke management and Acute Reperfusion Therapy/ANVCBC) and still continue to be active member of the faculty for NETsmart. She is passionate about stroke prevention and hyperacute stroke management. She initiated and presented a number of local stroke awareness sessions within her community.

Professor Mahendra Patel is Fellow of the RPS, Fellow of NICE and Fellow of HEA. He is interested in health promotion and working with communities from minority ethnic groups to help reduce health inequalities. Enhance engagement of pharmacists in research to help develop evidence-based practice through his role with the NIHR. He is working with the British Heart Foundation and South Asian Health Foundation to promote healthy lifestyles and reducing risk for developing diabetes and CVD. Interested in engaging pharmacists and the RPS more with NICE as an advocate for NICE.



Dr Sudhakar Jonnalagadda is a Board-Certified Gastroenterologist/ Transplant Hepatologist, working in Douglas, Georgia. Dr Jonnalagadda is a former Assistant Professor at the Medical College of Georgia. and had served as the Director of Medical Association of Georgia Board from 2016 onwards. He had served as the President of Georgia Association of Physicians of Indian Heritage 2007-2008, and was the past Chair of Board of Trustees, GAPI. He also served as the Secretary of American Association of Physicians of Indian Origin (AAPI) from 2017 and elected as the Vice President of AAPI, the largest ethnic medical organization of physicians, representing the interests of the over 100,000 physicians of Indian origin in the United States in 2018. He was also the Chairman of the Medical Association of Georgia, IMG Section, and was a Graduate, Georgia Physicians Leadership Academy. He has also been a significant part of all the fundraisers of AAPI.

Dr Chaand Nagpaul CBE is a GP and senior partner in his practice in Stanmore, North London, where he has practised for 28 years. He was elected as chair of BMA council in July 2017, and has been a council member since 2008. He was chair of GPC (the GPs committee) from 2013 to 2017, having been a GPC member since 1996, and was a GPC negotiator between 2007 and 2013. He has been an LMC member for over 20 years and vice chair for the past 14. He is a fellow of the RCGP (Royal College of General Practitioners).





BAPIO Annual Conference 2020



Dr Shailaja Chaturvedi is a consultant Psychiatrist in Australia. She founded the first private psychiatric practice in Penrith in 1982. Dr. She is a VMO at St John of God Hospital in North Richmond and past President of the Australian Indian Medical Graduate Association (AIMGA), also served as a part time member of the NSW Mental Health Review Tribunal for well over 25 years, until 2016. As an Executive Committee Member of the Global Association of Physicians of Indian Origin (GAPIO), and through her involvement in the educational activities of undergraduates and local general practitioners, Dr. Chaturvedi continues to contribute to her profession. She has continued to refine her skills to provide the much-needed community services of dedication, commitment, and excellence.



Mr Neal Simon is the President and one of the principal founders of the American University of Antigua College of Medicine – a part of the Manipal Education and Medical Group. He is the former President of Ross University College of Medicine and School of Veterinary Medicine. He has many years of experience in medical education administration. Mr Simon received his BS/MA from American University and his JD from New York Law, where he made the Law Review. He was also the Assistant Counsel at the New York State Department of Education. He has been a professor of Medical Jurisprudence and served on several committees where he evaluated medical schools. In addition, he has worked in private legal practice, specialising in medical licensure. He was a consultant to the Medical Board of Dominica and an honorary counsel to the country of Dominica.

Dr Arun Garg is a Consultant Medical Biochemistry at Fraser Health's Department of Laboratory Medicine and Pathology. He has served as Program Medical Director for Fraser Health Regional Department of Laboratory Medicine for 20 years and Division Head of Medical Biochemistry for over 30 years. He is also Clinical Professor of Pathology in the Faculty of Medicine at the University of British Columbia and Director of the Cooperation and Engagement of the office of Global medicine. Adjunct Professor of Clinical Services in the Faculty of Health Science at Simon Fraser University. Dr Garg is the founder of Canada India Network Society in 2010. He is the Program Medical Director for South Asian Health Institute in Fraser Health. He has been active in many voluntary organizations over last 45 years. He has been awarded numerous honour's awards.



Mr. Marimoultou Coumarassamy (Coumar) is a General Manager at Nottinghamshire Healthcare NHS Foundation Trust. Influenced by caring for his father, he selected nursing as his profession. He is trained from Pondicherry, India, enhanced his skills in acute, mental health and community services. He worked for Birmingham & Solihull Mental health Foundation Trust and joined in forensic directorate. In 2013, Coumar led LiA programme, reporting directly to CEO. His effort helped better engagement with staff and the trust secured top 20 position for staff engagement among Mental health trusts (HSJ 2014). He completed MSc in Forensic Mental Health and Health Executive MBA. Coumar is an effective leader, leading many service improvements projects in service user involvement, reduction in restrictive practices etc. He promotes EDI agenda passionately driven by his lived experience as a BAME person.

Professor Fahad Rizvi trained as a surgeon for 6 years in Surrey, West Midlands, Brighton and Portsmouth prior to finding his career as a GP in Leicester. He is a GP partner/ director and continues to utilise his surgical skills in primary care by providing community-based surgery and training in hand surgery, urology, dermatology and minor operations. He is also a Locality Chair for West Leicestershire CCG and leads on Musculoskeletal, Urology, Emergency and Urgent Care for Leicester, Leicestershire and Rutland CCGs. He is keen teacher and trainer and is the chair for Willows Academy for teaching medical students besides being involved with Integrated Professional Education, Physicians Associate, nursing and college students teaching.



Dr Minal Bakhai is the Clinical Director for Digital First Primary Care at NHS England and NHS Improvement. She is a practicing GP, working at an inner-city London practice for almost 10 years. Minal has a unique portfolio with experience stretching across policy, national programme strategy, research and implementation. Additionally, she is an expert advisor at the National Institute for Health and Care Excellence (NICE), appraising the effectiveness and safety of digital tools used in primary care to reduce preventable ill health and to empower patients. She is passionate about harnessing the power of technology to support dynamic, high quality, sustainable general practice and developing shared learning to ensure that digital tools are used to enable real transformation and redesign of care pathways that benefit all patients and meet practice needs.

Dr Tariq Kapasi is a managing partner of Heather brook Surgery and leading his practice through organisational change with a transformative vision in keeping with the NHS's Five Year Forward View. He also works as an Associate in Cardiorespiratory Medicine at the Leicester Glenfield Hospital and passionate in delivering education for undergraduate and post graduate students with the University of Leicester and Health Education East Midlands.



Professor Azhar Farooqi OBE has been a GP at the East Leicester Medical Practice since 1987. He was elected a Fellow of the Royal College of General Practitioners in 1991. Professor Farooqi's main research interests have been in diabetes and ethnic minority health issues. He has published over 60 peer review papers as well as a book on diabetes in primary care. He helped establish and chair the Leicestershire, Northamptonshire and Rutland (LNR) Primary Care Research Alliance and his own practice was one of the first to achieve investigator-led research accreditation status from the Royal College of General Practitioners. Professor Farooqi was awarded the OBE for services to medicine and health services in 2007. He was elected as the Chair of Leicester CCG in 2011.

Ms Helen Mancini has worked for the NHS since 1984, initially as a Registered Nurse in Acute Medicine and later in Renal Medicine and Transplants. Helen went on to study Psychology in East London and qualified as a Chartered Occupational Psychologist in 2007. Since 2001, Helen has specialised in personal, team and organisational development and currently works as the Assistant Director of Learning and Organisational Development at Nottingham University Hospitals. Helen's work goals are to enable staff within the NHS to be the best they can be and to cultivate a more compassionate and inclusive leadership culture. Helen practices Mindfulness and is currently training to be a facilitator with the Centre for Courage and Renewal in the US. The mission of the Centre is 'to create a more just, compassionate and healthy world by nurturing personal and professional integrity and the courage to act on it'. Helen feels her greatest life achievement has been raising two very kind teenage boys, Max and Ewan, with her husband Martin. Helen has a cat called Jasper and the family are looking forward to welcoming a new addition in December, a puppy called Vinnie.



Professor Ivan Brown is employed as a consultant in public health by the Leicester City Council. He has worked in this post within Leicester since December 2008. Professor Ivan Brown has a degree in Environmental Health and a Master's degree in public health. He has special interest in the development of local services focused on the prevention, early identification, and treatment of a wide range of long-term conditions, particularly cardiovascular diseases.

Dr Manish Pareek is an associate professor of infectious diseases at the University of Leicester and a consultant at Leicester Royal Infirmary. His contribution to the research field during COVID 19 pandemic is remarkable and applauding. He is the principle investigator of UK Research Study into Ethnicity And COVID-19 outcomes in Healthcare workers. His area of interest includes the identification and prevention of latent tuberculosis infection in high-risk populations—especially migrants and those with HIV infection and International and national health policy relating to the identification of infectious diseases (especially active and latent tuberculosis) in migrants.



Professor Sue Carr is Deputy Medical Director of GMC. She was Director of Medical Education and Associate Medical Director at the University Hospitals of Leicester. She is a Consultant nephrologist. She has Master's Degree in Clinical Education; she won the British Medical Journal's Excellence in Healthcare Education award and was elected to the Royal College of Physicians Council. She is a Fellow of the UK Academy of Medical Educators and has held several high-profile roles in medical education including Chair of the UK Renal Association Education and Training Committee, and Foundation School Director and Associate Postgraduate Dean in the East Midlands Deanery.

Professor Bertha Ochieng is a Professor of Integrated Health and Social Care at De Montfort University, Leicester. She has extensive experience in various roles including that of a clinician, in academics and research in health and social care sector working with community groups and health and social care providers. Her strengths are in developing solutions for addressing the health and social care needs of socially disadvantaged populations and building relationships with community groups and practitioners in the health and social care sector. Her work has resulted in collaborations with various organisations and sectors including social care teams on a global level.



Ms Sharon Sundersingh is a Senior Sister in Critical Care Unit of Luton and Dunstable University Hospital. 'Not to minister unto but to minister' is her call for nursing. Completing Nursing degree in 2004 from Christian Medical College, Vellore, she had the privilege to serve in mission hospital in Ranchi and various other hospitals in Tamilnadu. In 2009, she moved to the United Kingdom and started working as a nurse in L&D Hospital's Respiratory unit. There she progressed to be a Sister in 2013. From being a sister in Respiratory unit she moved to be a sister in High Dependency unit in the same trust and went on to complete her Intensive care Course. In 2019, she advanced to become senior sister in Critical Care Unit. In her career she has mentored, taught and supported students and staffs. At her work place she is known for her hard working, caring and calm nature in handling both patients and staff. As a British Indian Nurse, with the rich values of two great nations she believes to create a difference in nursing.

Dr Avinashi Prasad is a director of Willows Health focusing on the Clinical Quality Work, overseeing audits and the quality of clinical care given to wide range of patients. He is also the clinical Vice Chair in the Leicester City Clinical Commissioning Group. Dr Prasad has been working as the Principal GP at Clarendon Park Medical Centre for over 30 years working as a Disability Analyst and specialised in minor operations. He is a keen educator and has been a tutor for medical students completing placements in primary care since the 1990s, instilling skills and encouraging students to consider General Practice as a career. The practice of family medicine continues to be his passion. Despite all the changes the Doctor-Patient relationship remains the most rewarding aspect of working in General Practice. The privilege of being the family doctor to four generations of the same family continues to be simply amazing.



Ms Anie Ponnaberanam is a Lead Clinical Nurse Specialist for the National Pulmonary endarterectomy Centre (PEA historically known as PTE) at Royal Papworth hospital, Cambridge. She is with 36 years of nursing experience since graduating Christian Medical College hospital (CMC), Vellore, India. She works closely with the pulmonary hypertension centres and other Multi-professional health care groups. She is active in Education promoting awareness the rare life-threatening condition. She developed a patient information booklet for PEA surgery pre- and post-operative. She is recipient of award of 'Leading with care – individual nurse' from Royal Papworth Hospital, recognising her service and her dedication to the orgnaistion and wider healthcare system. She is active member of local BAME network and had opportunity of sharing her experience in their inaugural meeting in 2018. Despite being busy with her work and other activities, she cannot walk pass a struggling nurse without supporting them.



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Ms Faye Macdonald - GMC Specialist Applications Team Manager

Faye is the Manager of the Specialist Applications Team at the GMC and based in Manchester. She has worked at the GMC since 2012. The Specialist Applications Team are responsible for processing all applications to the specialist and GP registers, and process around 950 applications via the CESR/CEGPR route each year. Faye regularly speaks at events offering potential applicants an insight into the CESR process. The 14 advisers in the Specialist Applications Team provide doctors with guidance and assist them through their applications from start to finish; they ensure all evidence meets GMC standards, offering advice and support on how to strengthen an application. In this workshop Faye will give an overview of the CESR process and advice on how to prepare a good quality CESR application.



Dr Chris Sanders is a CAIPE board member, GP partner and educator at the University of Leicester medical school. He is acutely aware on a day-to-day basis of the pressure of practicing medicine in the current climate in the UK, and the value of having strategies to use to mitigate this. He has a keen interest in Interprofessional education (IPE), holistic healthcare and sustainable living. His most important job, however, is being a father to two children. He enjoys cycling and the occasional triathlon too.

Professor Mo Roshan is a General Practitioner in Leicester. He has been the deputy chair of ELR CCG and has been involved in remarkable leadership and commissioning at various levels. Dr Mohamed Roshan has been an active participant in various educational initiatives in Leicester. His experience in the pharmaceutical industry plays an important role within strategic, research and marketing directorates. His major interests are in the fields of Diabetes and Cardiovascular medicine



Professor Rishabh Prasad is a Professor of Digital Medicine at De Montfort University; he founded the Digital Health Care Unit, and the Centre for Primary Care Research. He has numerous publications, and regularly consults for some of the leading digital health companies in the world. He remains clinically active as a general practitioner; he has significant experience of utilising digital health care technologies to improve clinical care pathways. He has national and regional experience of commissioning, and leading clinical services. He has particular experience in End of Life Care He chairs Willows Health (the largest provider of primary care in Leicestershire).

Professor Aly Rashid is Medical Director of NHS England (Leicester), Deputy to Regional Medical Director with portfolio of Professional Standards and Tier 1 RO. He is a practising GP in Leicester. He is first Chair of Primary Care at De Montfort University in Leicester. He was Associate Director at the National Clinical Assessment Service in London. He was National Chair of Education and National Leadership Programme Director at the RCGP as well as being Associate postgraduate Dean in Leicester. He was appointed by the Secretary of State to serve as a member of the Tooke Independent Inquiry into Modernising Medical Careers in 2007/08.





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Email: bapioeastmidlands@gmail.com

Telephone: 01234363272

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